



Year 1:
The Personal Spiritual Journey:
Your Unique Self
December 30th 2009 - January 3rd 2010
Pacific Grove, California | Asilomar

Presented by:

Integral Life and iEvolve

(Subject to Change)

WEDNESDAY, DECEMBER 30th

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| 3:00 – 6:00 | PARTICIPANT REGISTRATION |
| 5:45 – 6:45 | DINNER |
| 6:45 – 7:00 | BREAK |
| 7:00 | EVENT BEGINS / WELCOME FROM HOSTS AND ANCHORS / BROTHER DAVID STEINDL-RAST (Pending confirmation) (Merrill Hall) |
| 8:15 – 8:30 | BREAK |
| 8:30 – 10:30 | KIRTAN / KRISHNA DAS |

THURSDAY, DECEMBER 31st

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|-----------------|---|
| 6:30 – 7:30 am | MORNING PRACTICE SESSION (see list below) |
| 7:30 – 8:30 | BREAKFAST |
| 8:30 – 9:00 | BREAK |
| 9:00 – 9:45 | PERSONAL STORY / DIANE HAMILTON, ANCHOR |
| 9:45 – 12:00 pm | PERSONAL STORY / BREAKOUT (see list below) |
| 12:00 – 1:00 | LUNCH 12 Minute Talk-Unique Self in Lower Left |
| 1:00- 2:00 | BREAK |
| 2:00 – 2:45 | FALSE SELF / SALLY KEMPTON, ANCHOR |
| 2:45 – 3:00 | BREAK |
| 3:00 – 4:30 | FALSE SELF / BREAKOUT (see list below) |
| 4:30 – 5:00 | BREAK |
| 5:00 – 6:00 pm | AFTERNOON PRACTICE SESSION (see list below) |

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|--------------|--------------------------------|
| 6:00 – 7:00 | DINNER |
| 7:00 – 7:15 | BREAK |
| 7:15 – 7:45 | CHANTING |
| 7:45 – 8:45 | KEYNOTE / MARC GAFNI |
| 8:45 – 10:00 | NEW YEAR'S PROGRAM AND BONFIRE |

FRIDAY, JANUARY 1st

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|-----------------|--|
| 6:30 – 7:30 am | MORNING PRACTICE SESSION |
| 7:30 – 8:30 | BREAKFAST |
| 8:30 – 9:00 | BREAK |
| 9:00 – 12:00 pm | AWAKENING / SALLY KEMPTON, ARJUNA ARDAGH, PATRICK SWEENEY CO- ANCHORS |
| 12:00 – 1:00 | LUNCH 12 Minute Talk-Unique Self in Lower Right |
| 1:00 – 2:00 | BREAK |
| 2:00 – 3:00 | UNIQUE SELF / KEYNOTE / KEN WILBER VIDEOCONFERENCE WITH MARC GAFNI, ANCHOR |
| 3:00 – 4:30 | UNIQUE SELF PRACTICE/ DIANE HAMILTON |
| 4:30 – 5:00 | BREAK |

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|-------------|------------------------------|
| 5:00 – 6:00 | AFTERNOON PRACTICE SESSION |
| 6:00 – 7:00 | DINNER |
| 7:00 – 7:15 | BREAK |
| 7:15 – 7:45 | CHANTING / MIRIAM MARON |
| 7:45 – 8:45 | KEYNOTE / LAMA SURYA DAS |
| 8:45 – 9:00 | CLOSING CHANT / MIRIAM MARON |

SATURDAY, JANUARY 2nd

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| 6:30 – 7:30 am | MORNING PRACTICE SESSION |
| 7:30 – 8:30 | BREAKFAST |
| 8:30 – 9:00 | BREAK |
| 9:00 – 10:30 | UNIQUE SHADOW / MARC GAFNI, ANCHOR |
| 10:30 – 10:45 | BREAK |
| 10:45 – 12:15 pm | AQAL AND UNIQUE SELF / DIANE HAMILTON, ANCHOR |
| | AQAL AND UNIQUE SELF / BREAKOUT Session 1 (See list below) |
| 12:15 – 12:30 | BREAK |
| 12:30 – 1:30 | LUNCH 12 Minute Talk-Unique Self in Upper Left |

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|-------------|---|
| 1:30 – 3:00 | AQAL AND UNIQUE SELF / BREAKOUT Session 2 (See list below) |
| 3:00 – 3:15 | BREAK |
| 3:15 – 4:45 | AQAL AND UNIQUE SELF / BREAKOUT Session 3 (See list below) |
| 4:45 – 5:15 | BREAK |
| 5:15 – 6:00 | AFTERNOON PRACTICE SESSION |
| 6:00 – 7:00 | DINNER |
| 7:00 – 7:30 | BREAK |
| 7:30 – 8:30 | KEYNOTE / JEAN HOUSTON |
| 8:30 – 8:45 | BREAK |
| 8:45 | CELEBRATION |

SUNDAY, JANUARY 3rd

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|----------------|--|
| 6:30 – 7:30 am | MORNING PRACTICE SESSION |
| 7:30 – 8:30 | BREAKFAST |
| 8:30 – 9:00 | BREAK |
| 9:00 – 10:15 | INTEGRAL CHURCH / CRAIG HAMILTON, MARC GAFNI, CO-ANCHORS JEFF SALZMAN SONG |
| 10:15 – 10:30 | BREAK |

10:30 – 12:00 pm UNIQUE GIFT (breakouts – see list below)

12:00 – 1:00 LUNCH
12 Minute Talk-Unique Self in Upper Right

1:00 – 3:00 INTEGRAL BODHISATTVA VOW AND
CLOSE

Hosts

Robb Smith
Vidyuddeva

Anchors

Sally Kempton
Marc Gafni
Diane Musho Hamilton

Keynotes

Ken Wilber
Lama Surya Das
Jean Houston
Marc Gafni

Teaching Sessions

Thursday

Personal Story (10 breakouts)

Diane Hamilton, Anchor

Saniel Bonder and Linda Groves-Bonder
Susanne Cook-Greuter
Avram Davis
Gershon Winkler and Miriam Maron
John Forman
Jim Marion
Terry Patten
Vidyuddeva
Joanne Hunt and Laura Divine

Thursday

False Self (4 breakouts)

Sally Kempton, Anchor

Marc Gafni

Katherine Woodward Thomas

Claire Zammit

Friday

Awakening (no breakouts)

Sally Kempton, Arjuna Ardagh, Patrick Sweeney, Co-Anchors

Friday

Unique Self (no breakouts)

Ken Wilber, Keynote Teleconference

Marc Gafni, Anchor

Diane Hamilton, Practice

Saturday

Unique Shadow (no breakouts)

Marc Gafni, Anchor

Saturday

AQAL and Unique Self (3 sessions of 10 breakouts)

Diane Hamilton, Anchor

Session 1 (10 breakouts)

Joanne Hunt and Laura Divine / AQAL Constellation & Quadrant Orientation

Clint Fuhs / Meta-Perspectives of AQAL

Susanne Cook-Greuter / Levels of Consciousness

Craig Hamilton / Levels of Consciousness

Linda Groves-Bonder / States

Arjuna Ardagh / States

Sofia Diaz / Types / Masculine and Feminine

Avram Davis / Sefirot / Types

John Forman / Lines

Diane Hamilton / Unique Shadow

Session 2 (10 breakouts)

Joanne Hunt and Laura Divine / AQAL Constellation & Quadrant Orientation
Clint Fuhs / Meta-Perspectives of AQAL
Saniel Bonder / Levels / Stages of Faith
Craig Hamilton / Levels of Consciousness
Miriam Maron and Gershon Winkler / Archetypes of the 12 Hebrew Tribes /Types
Arjuna Ardagh / States
Patrick Sweeney / Five Buddha Families / Types
Avram Davis / Sefirot / Types
Diane Hamilton / Lines
Jim Marion / Dark Night / Unique Spiritual Crisis

Session 3 (10 breakouts)

Joanne Hunt and Laura Divine / AQAL Constellation & Quadrant Orientation
Susanne Cook-Greuter / Levels of Consciousness
Saniel Bonder / Levels / Stages of Faith
Linda Groves-Bonder / States
Miriam Maron and Gershon Winkler / Archetypes of the 12 Hebrew Tribes /Types
Patrick Sweeney / Five Buddha Families / Types
Sofia Diaz / Types / Masculine and Feminine
John Forman / Lines
Jim Marion / Dark Night / Unique Spiritual Crisis

Sunday

Integral Church

Marc Gafni and Craig Hamilton, Co-Anchors

Jeff Salzman- Singing

Sunday

Unique Gift

Craig Hamilton and Marc Gafni, Anchors

Diane Hamilton

Saniel Bonder and Linda Groves-Bonder

Susanne Cook-Greuter

Avram Davis

Gershon Winkler and Miriam Maron

John Forman

Jim Marion

Terry Patten

Vidyudeva

Joanne Hunt and Laura Divine

Morning Practice Sessions / Thursday through Sunday

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|-------------------------|-----------------------------|
| Yoga and Strength | Sofia Diaz and Rob McNamara |
| Breath and Energy Work | Venwoude Staff |
| 3 Body Workout | Huy Lam |
| Meditation / Compassion | Patrick Sweeney |
| Christian Prayer | John Forman |
| Kabbalah Meditation | Avram Davis |
| Zen Sitting | Michael Zimmerman |
| 3 Faces of Spirit | Rollie Stanich |
| Waking up with AQAL | Clint Fuhs |

Afternoon Practice Sessions / Thursday through Saturday

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|--------------------------------|---------------------------------------|
| Yoga and Strength | Sofia Diaz and Rob McNamara |
| Breath and Body | Venwoude Staff |
| Devotional 3 Body Workout | Terry Patten |
| Heart Gazing | Saniel Bonder and Linda Groves-Bonder |
| Christian Prayer | Jim Marion |
| Kirtan | Miriam Maron and Gershon Winkler |
| Nature Mysticism | Susanne Cook-Greuter |
| 3 Faces of Spirit | Rollie Stanich |
| Coaching To Integrate Your Day | Laura Divine and Joanne Hunt |
| Collective Intelligence | Craig Hamilton |

Music

Krishna Das
Miriam Maron
Jeff Salzman
Randee Levine
DJ Sosan
DJ rekluse

Lunch Presenters / 12 minute talks

Michael Zimmerman / Unique Self in Lower Left (Thursday)
Jeff Salzman / Unique Self in Lower Right (Friday)
Joanne Hunt / Unique Self in Upper Left (Saturday)
Laura Divine / Unique Self in Upper Right (Sunday)