

INTEGRAL SPIRITUAL EXPERIENCE — “Stages of Faith / Ages of Trust” breakout groups with Saniel Bonder, AQAL and the Unique Self module

In this interactive, lively group, we’re going to explore how Integral and related processes, including the ‘WholeHEART Way’ transmission and teaching that Saniel and his wife Linda offer, incorporate James Fowler’s groundbreaking outline of developmental “Stages of Faith.” We’re also going to look into Saniel’s adaptation of Fowler’s stages, originally stated in social scientific (“Zone 2”) terminology, into “Ages of Trust” expressed in experiential (“Zone 1”) terminology.

Objectives. It’s our hope and intent that each participant will:

- gain a more clear understanding of the inevitable progress that individuals pass through as they evolve into increasingly complex stages of faith
- begin to comprehend how the closely related principle of trust in all areas of life unfolds, likewise, through apparently inevitable stages, in each situation where trust needs to be developed, stabilized, and refined
- learn how to serve their own ongoing higher-tier, Integral growth by gaining skills at recognizing the differences between the conventional and post-conventional stages of faith/ages of trust—in real-life situations, ranging from involvement in spiritual or religious organizations and practices to intimate partnerships, etc.
- come away liberated and equipped to walk their own Unique Self path in the midst of any faith engagements and circumstances of trust that may emerge in their lives

Along with presenting by the facilitator, our work will include dyad or triad groups, movement and dance exploration/expression, brief meditation, Q&A, and whatever other playfully serious ways present themselves to serve our intent and objectives.

Here’s a breakdown of the Stages of Faith / Ages of Trust distinctions we’ll explore:

<u>Stages of Faith (Fowler)</u>	<u>Ages of Trust</u>
Intuitive-Projective	Bonding-Feeding
Mythic-Literal	Learning-Believing
Synthetic-Conventional	Belonging-Conforming
Individuative-Reflective	Individuating-Questioning
Conjunctive	Uniting-Holding (embracing paradox)
Universalizing	Serving-Blessing (‘mission maddened’)