

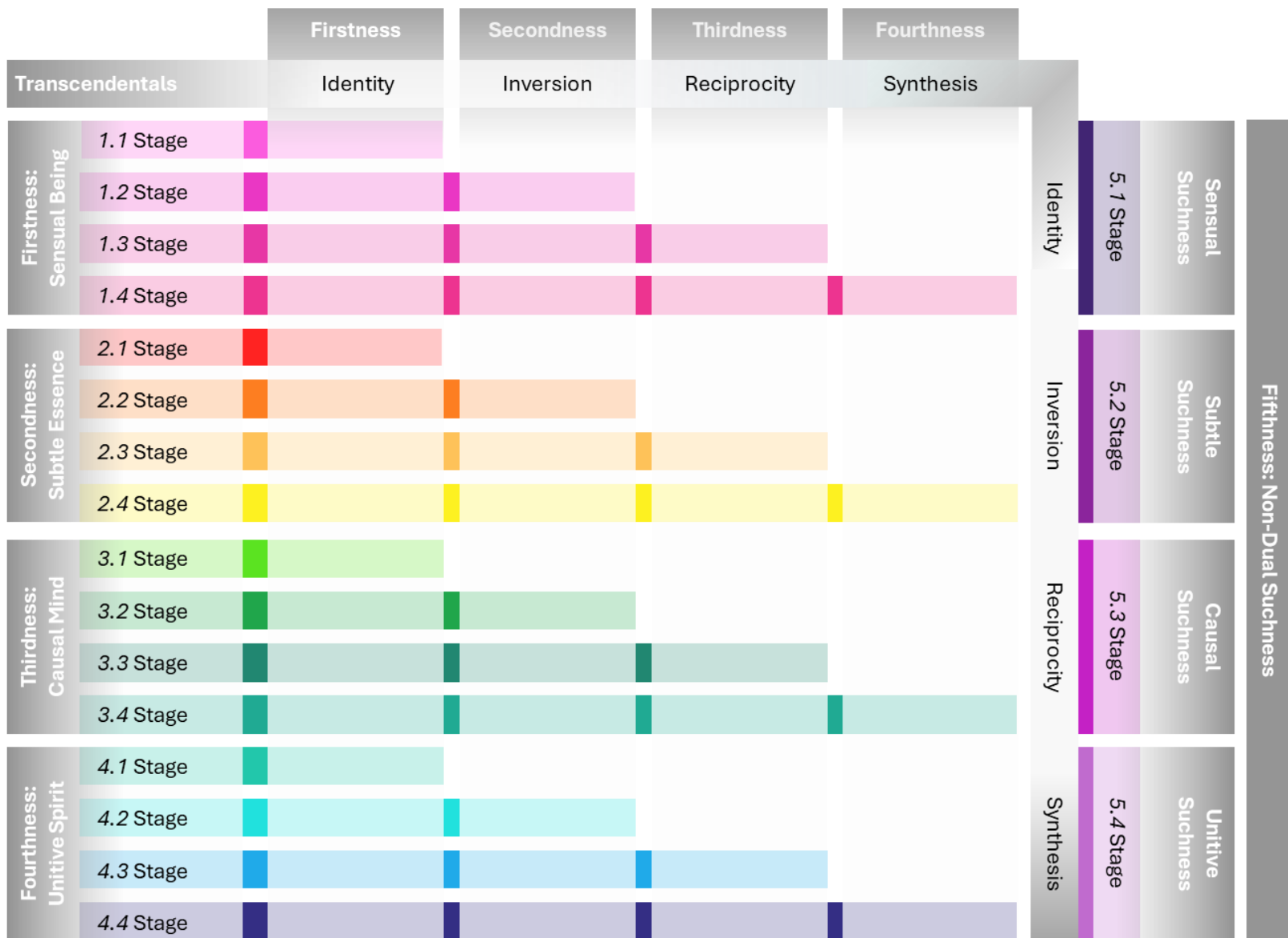


# Transcendental Pluralism

The Embodied Foundations of Stage  
Development

# Transcendental

Concerning the a priori conditions – i.e., the deep structures – that make experience possible.



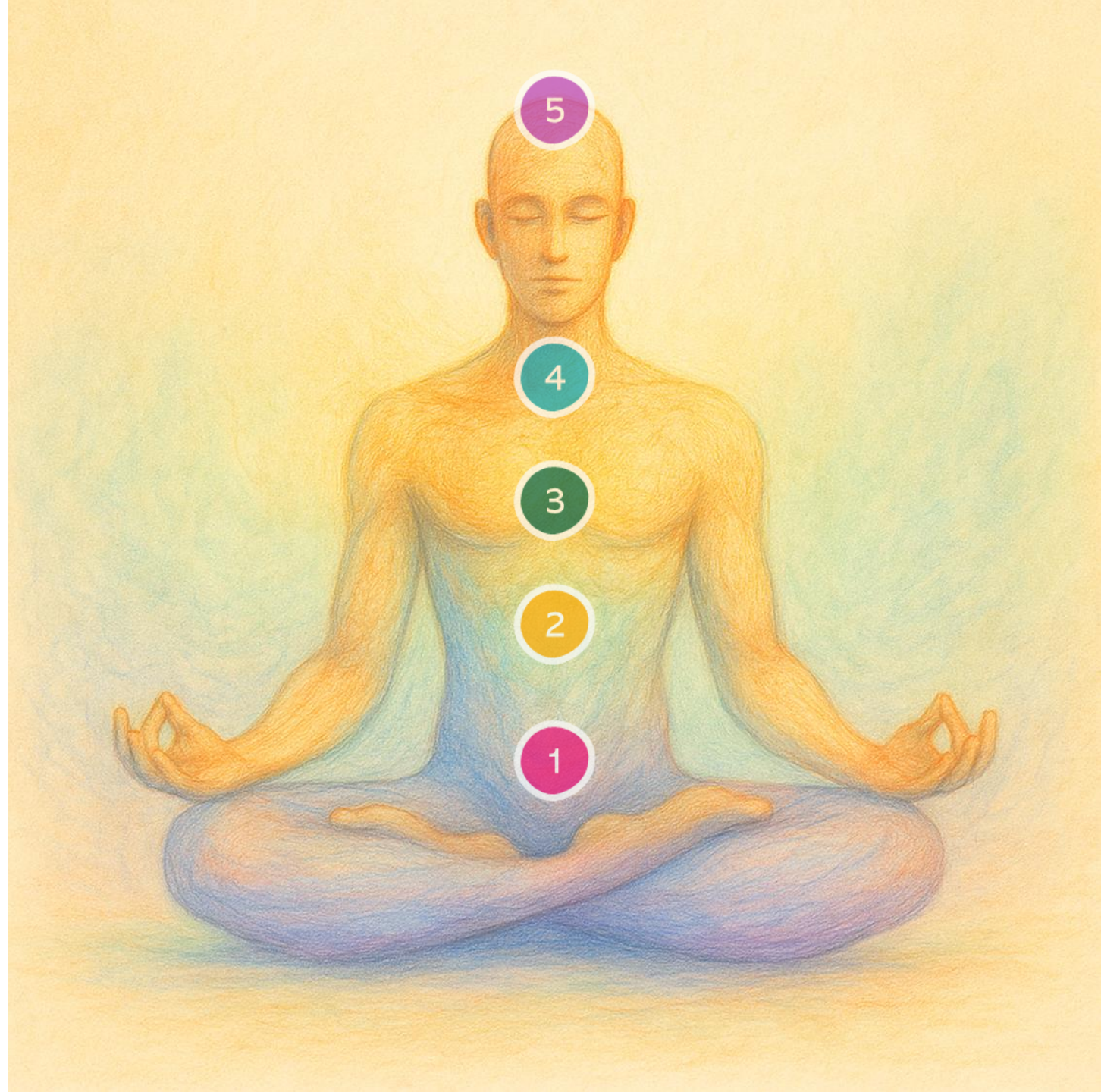
# Four Iterating Transcendentals

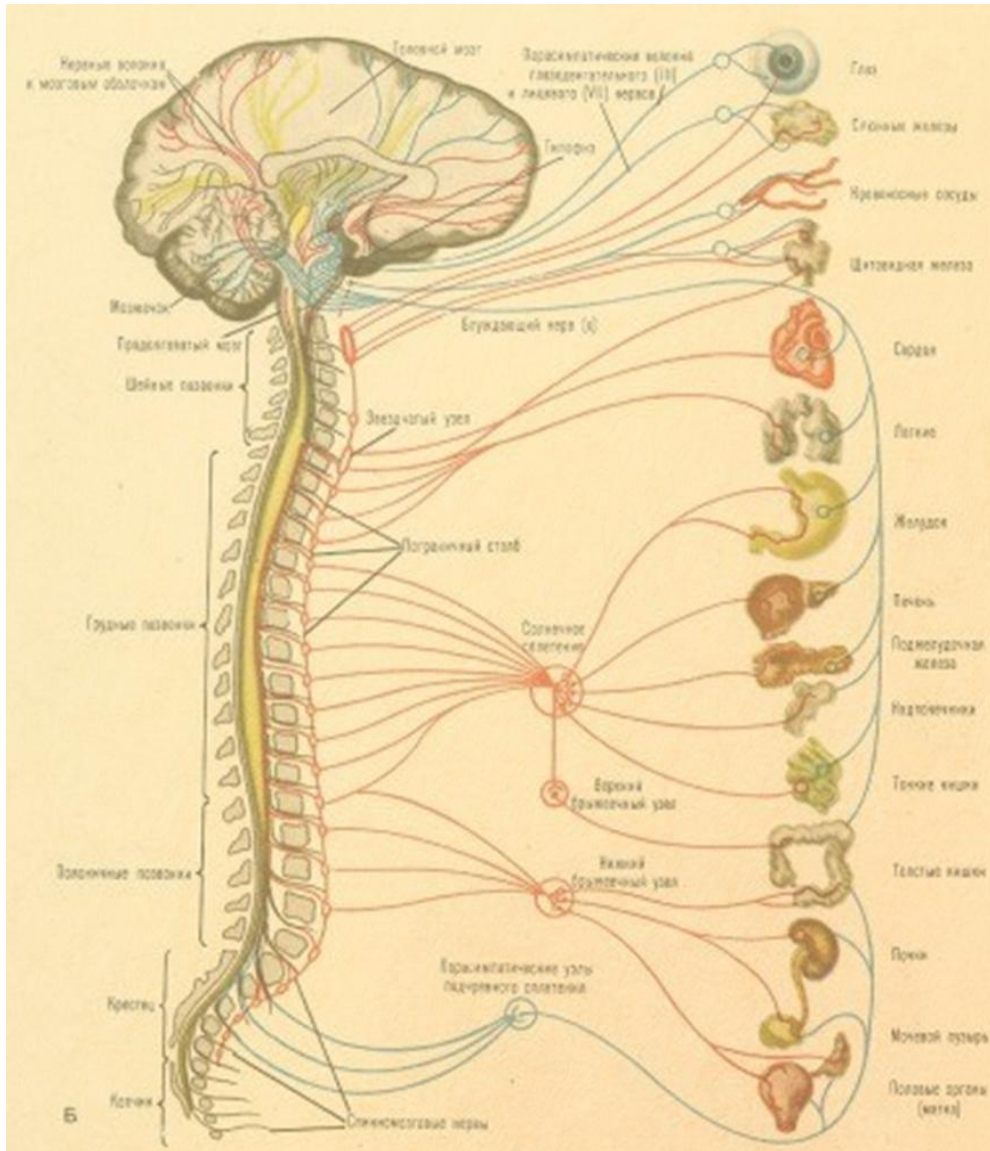
- Each builds a layer of consciousness
- Each builds a stage within each layer: Successively transcending & including earlier functions
- They are grounded within a non-dual realm



# The Embodied Vertical Trajectory

“Prâna first dwells in the heart,  
Apâna in the intestines,  
Samâna where the navel is,  
Udâna where the throat is.  
Finally, the Vyâna is continuously  
flowing in all limbs.” *Amritabindu-*  
*Upanishad*





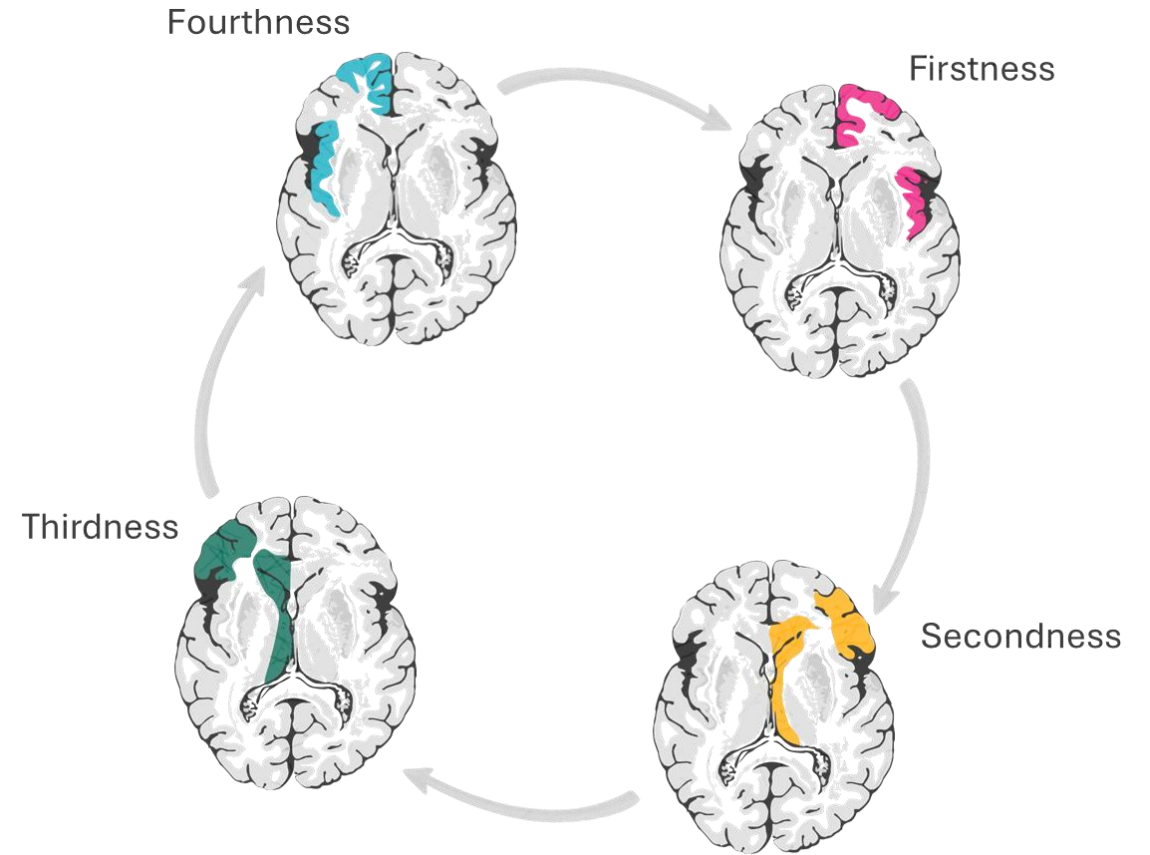
# The Autonomous Nervous System

- Four Sympathetic Chakras
- Digestive Organs & Glands
- Parasympathetic Bracket



# Circular Reorganization throughout the Body

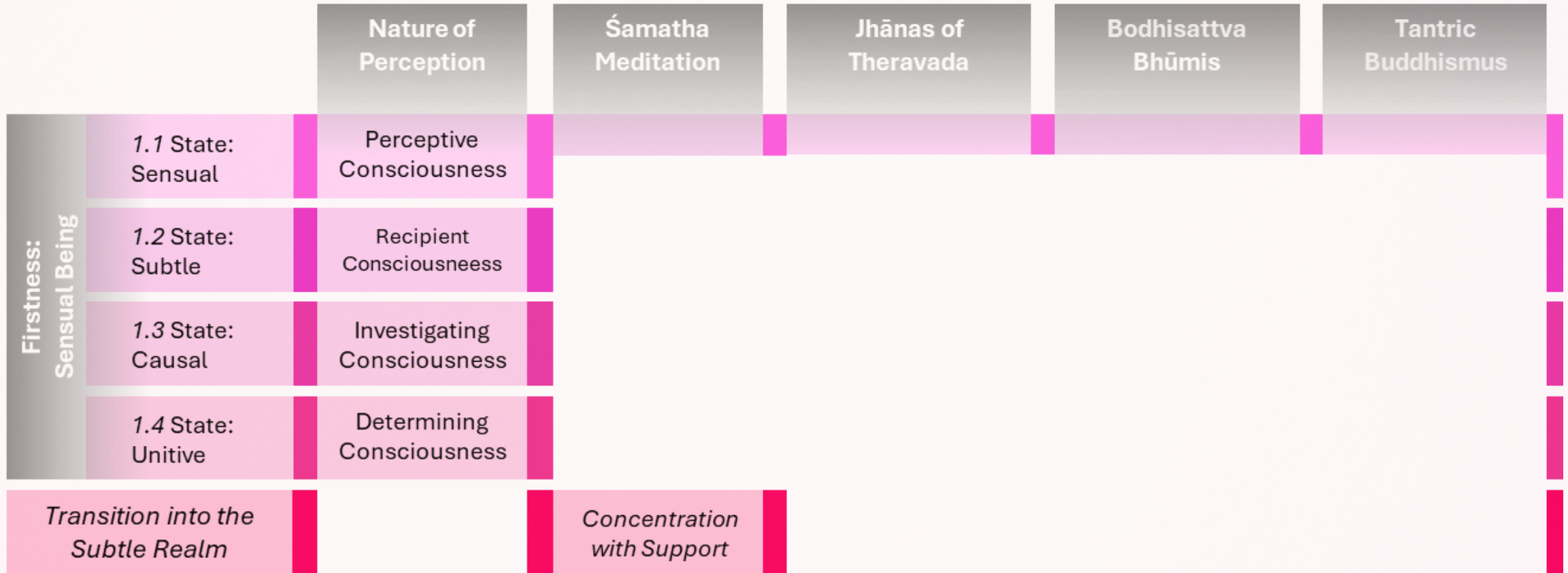
- Development through stages & layers is a **circular process from the right to the left hemisphere!**
- It is a successive **integration of default and task positive modes**



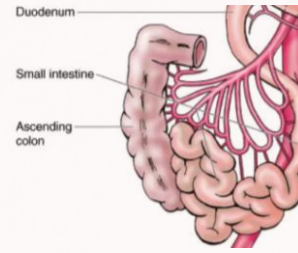
What is it like to be a First?



# Firstness: Our Sensual Being



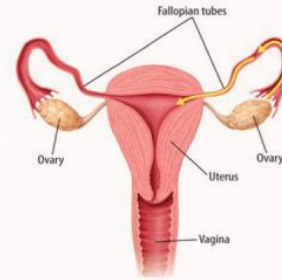




Superior Mesenteric Arteria

1.3 State

**Investigating Sensuality:**  
Comparative differentiation and linking of affective states to expressions.



Right Sex Gland

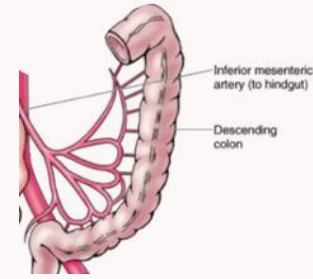
1.4 State

**Determining Sensuality:**  
Attachments become structured as relatively stable inner representations.

Left Sex Gland

1.1 State

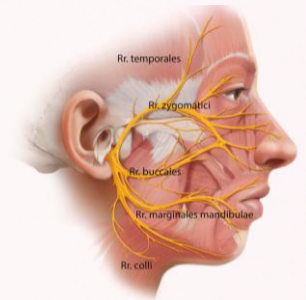
**Perceptive Sensuality:**  
Experience-based expectation and anticipation of sensory responses.



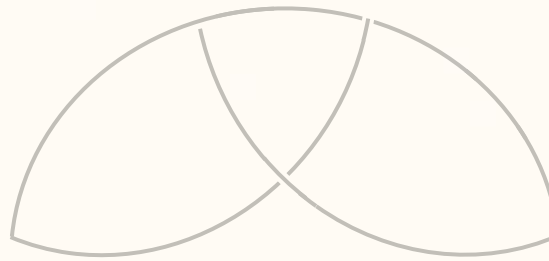
Inferior Mesenteric Arteria

1.2 State

**Explicative Sensuality:**  
Behavioral control and deliberate responses to pleasure ad pain.



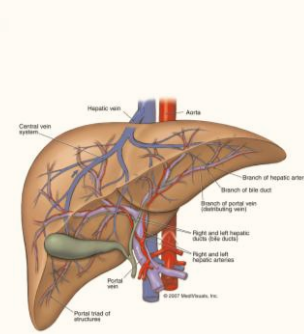
What is it like to be a Second?



# Secondness: Subtle Essence

		Nature of Perception		Śamatha Meditation	Jhānas of Theravada	Bodhisattva Bhūmis	Tantric Buddhismus
Secondness: Subtle Essence	2.1 State: Sensual	Running Consciousness		Settling			
	2.2 State: Subtle			Continuous Settling			
	2.3 State: Causal			Renewed Settling			
	2.4 State: Unitive			Increased Settling	Access Concentration		
	Transition into the Causal Realm			Concentration without Support	Change of Lineage		

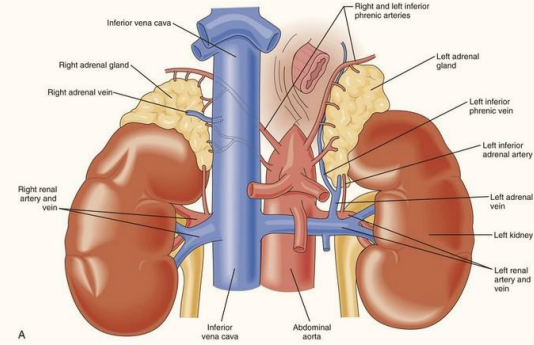




Liver

2.3 State

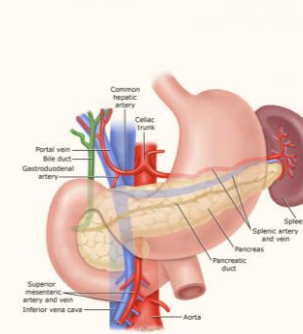
**Socializing Agent:**  
Awareness of rules  
and expectations  
leads to adjustment  
to social realities.



Right Adrenal Gland

2.4 State

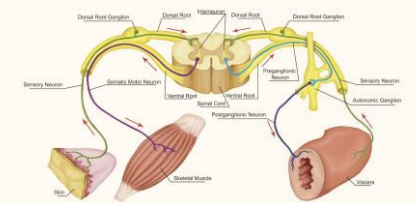
**Self-Aware Agent:**  
Equilibration of  
social expectations  
with one`s unique  
subtle essence.



Left Adrenal Gland

2.1 State

**Impulsive Agent:**  
Expressing one`s  
will for objects and  
understanding what  
is impossible.

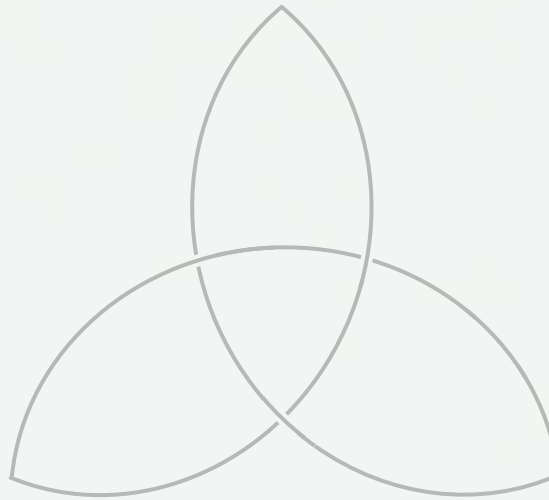


Stomach

2.2 State

**Opportunist Agent:**  
Aligning causes and  
the will for external  
objects and goal-  
oriented action.

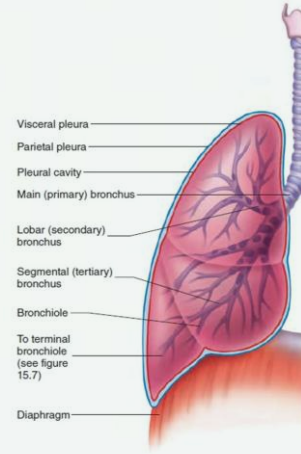
What is it like to be a Third?



# Thirddness: Our Causal Soul

			Nature of Perception	Śamatha Meditation	Jhānas of Theravada	Bodhisattva Bhūmis	Tantric Buddhismus
Thirddness: Causal Soul	3.1 State: Sensual			Taming	1 <sup>st</sup> Jhāna	1 <sup>st</sup> Bhūmi: Perfect Joy	
	3.2 State: Subtle			Pacification	2 <sup>nd</sup> Jhāna	2 <sup>nd</sup> Bhūmi: Stainless	
	3.3 State: Causal			Full Pacification	3 <sup>rd</sup> Jhāna	3 <sup>rd</sup> Bhūmi: Luminous	
	3.4 State: Unitive			One-Pointedness	4 <sup>th</sup> Jhāna	4 <sup>th</sup> Bhūmi: Radiant	
Transition into the Unitive Realm				Operation from Pure Awareness			Generation Stage

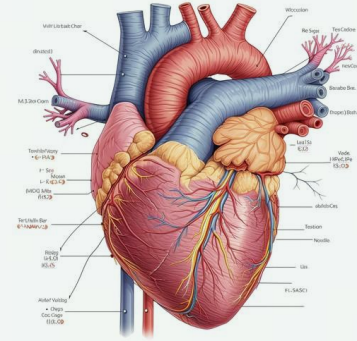




Right Lung

3.3 State

**Aesthetical Mind:**  
Meaningfully  
integrating opposing  
poles through  
practices of self.



Right Heart Gland

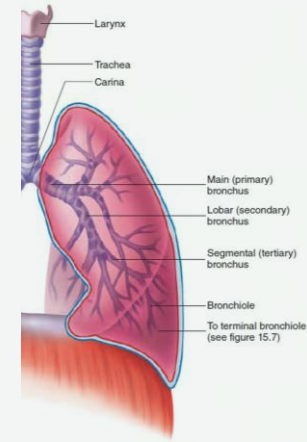
3.4 State

**Higher Mind:**  
Synthetic sense of  
the mind that uses  
universalistic  
cognition.

Left Heart Gland

3.1 State

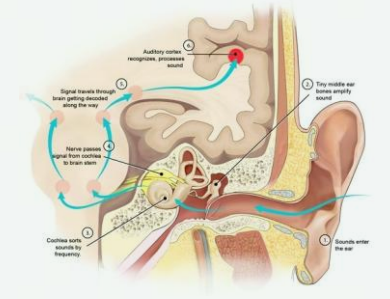
**Practical Mind:**  
Attaching to a sense  
of an ideal or identity  
and aligning reality  
with it.



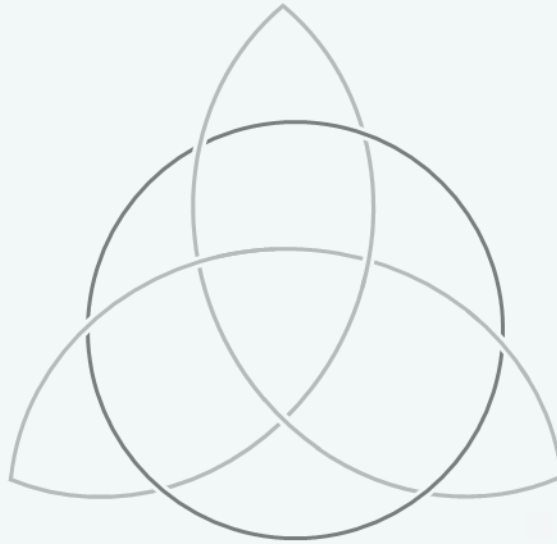
Left Lung

3.2 State

**Ethical Mind:**  
Generating agency  
that acts as a  
normative frame to  
shape one`s mind.



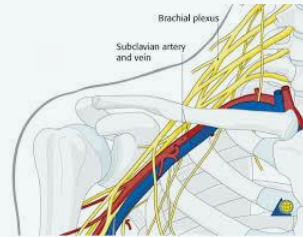
What is it like to be a Fourth?



# Fourthness: Our Unitive Spirit

		Nature of Perception	Śamatha Meditation	Jhānas of Theravada	Bodhisattva Bhūmis	Tantric Buddhismus
Fourthness: Unitive Spirit	4.1 State: Sensual		Equipoise	Boundless Space	5 <sup>th</sup> Bhūmi: Hard to Conquer	
	4.2 State: Subtle			Boundless Consciousness	6 <sup>th</sup> Bhūmi: Clearly Manifest	Deity Yoga
	4.3 State: Causal			No-Thingness	7 <sup>th</sup> Bhūmi: Far Reaching	
	4.4 State: Unitive			Neither Perception Nor Non-Perception	8 <sup>th</sup> Bhūmi: Immoveable	
Transition into the Nondual Realm						Completion Stage

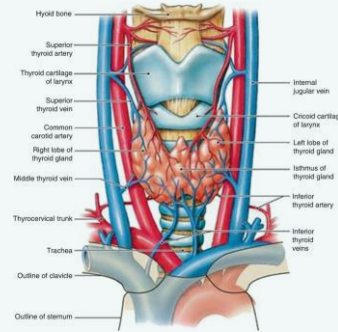




Right Plexus  
Brachialis

4.3 State

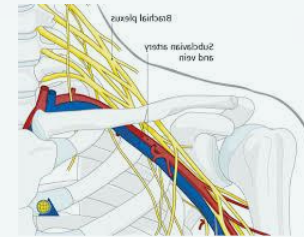
**Overmental Self:**  
Cosmic Consciousness  
becomes visible that  
governs archetypal  
manifestation.



Right Thyroid Gland

4.4 State

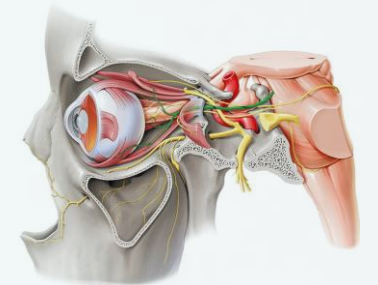
**Supramental Self:**  
A complete self-  
process of conscious  
existence operating  
solely on universals.



Left Plexus  
Brachialis

4.2 State

**Intuitive Self:**  
Consciousness that  
holds universals as an  
intuitive, flowing  
agentic operation.

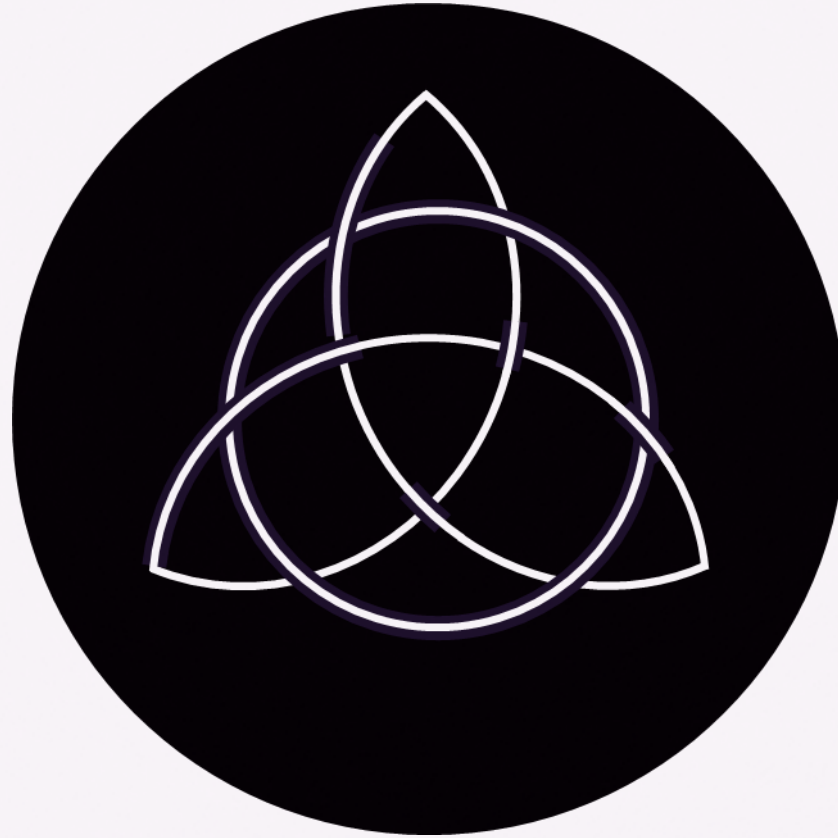


Left Thyroid Gland

4.1 State

**True Self:**  
Recognizing an  
identity that is one  
with spiritual  
purpose.

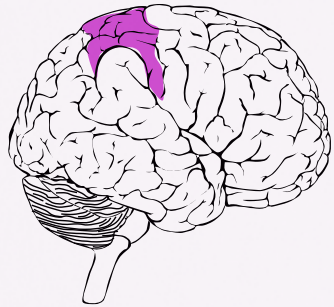
What is it like to be a Fifth?



# Fifthness: Nondual Suchness

		Nature of Perception	Śamatha Meditation	Jhānas of Theravada	Bodhisattva Bhūmis	Tantric Buddhism
Fifthness: Nondual Suchness	5.1 State: Sensual			Cessation of Perception & Feeling	9 <sup>th</sup> Bhūmi: Excellent Intelligence	Isolations of Body, Speech, & Mind
	5.2 State: Subtle				10 <sup>th</sup> Bhūmi: Dharma Cloud	Two-Reality Stage
	5.3 State: Causal				Resultant Ground	Clear Light
	5.4 State: Unitive					Communion Stage





Thirdness

5.3 State

**Clear Light:**  
Recognizing and imitating the aesthetics of clear light harmonizing divine emptiness and bliss.



Fourthness

5.4 State

**Communion:**  
Awakening to divine perfection as an instrument to miraculously unite clear light and magic to stabilize oneness.



Firstness

5.1 State

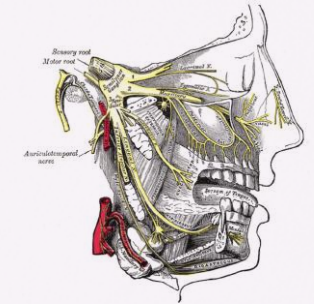
**Voidness:**  
Aadaptation to divine love – experienced as all-being or as purifying emptiness entering the body.



Secondness

5.2 State

**Magic Body:**  
Dynamic navigation between two realities – as a dialogue between purifying emptiness and uplifting peace.



# What`s next?

## Pluralism & the Validated Trajectory!

